



Postgraduate Certificate Course in Family Medicine

Organized by

Department of Family Medicine

Endorsed by



**World Health
Organization**

Background

Family physicians are the point of first contact into health care system capable to provide preventive and curative care to all members of the family across their life span. Family Medicine has been recognized as a primary care specialty; however unlike other specialties majority of practicing GPs/Family physicians in Pakistan do not get opportunities to enter into a formal training programme. Building a workforce of competent and well trained Family physicians is essential to achieve target of SDG 3 which is to ensure healthy lives and well-being of all at all ages.

Liaquat National Hospital and Medical College has collaborated with **World Health Organization** to enhance quality standards of primary care and to contribute towards capacity building of Family Medicine in Pakistan.

Taking this vision forward **Department of Family Medicine** is launching its first postgraduate certificate course in Family Medicine in March 2022. This course provides practicing GPs a unique opportunity of continuous professional development through a flexible learning environment without compromising their job or practice.

Aim

The aim of this certificate course is to upgrade knowledge and skills of General practitioners/Family Physicians empowering them to provide holistic care to each and every member of family for commonly encountered health problems at primary care level.

Outcomes

At the end of this course, participants would be able to:

1. Manage common health problems in the community applying bio psychosocial model of care
2. Adopt a person centered approach while managing their patients
3. Refer the patient appropriately to relevant specialty
4. Provide cost effective care to their patients
5. Provide continuity of care to their patients through coordination with health care services
6. Promote preventive care in the community through patient advocacy
7. Demonstrate ethics and professionalism in their practice
8. Apply evidence based practice to patient care

Eligibility Criteria

- a. General practitioner/ Family Physicians with MBBS or equivalent qualification who want to upgrade their knowledge and skills
- b. Fresh Medical graduates
- c. GPs preparing for MCPS Family Medicine /MRCGP(INT) exams

- d. Non practicing doctors who would like to start their GP practice/refresh their clinical knowledge and skills

Candidates from all over Pakistan are eligible to apply. (Flexible options for clinical attachment available)

Program structure:

- Duration: One year
- Blended learning program
- **Online Interactive sessions via zoom:**
Every Saturday 12 pm -2 pm
- **Two Contact session in a year for skill based learning**
Two sessions for skill based learning at the end of every six months. Each contact session will be of four days duration.
- **Clinical attachment**
Participants will get an opportunity for clinical attachment under supervision of qualified and experienced Faculty /Consultants of Liaquat National Hospital
(Flexible options available to facilitate GPs who are employed full time)

Course Modules

Eight modules will be covered over the course of one year duration through online synchronous and asynchronous sessions

1. Essentials of Family Medicine and Primary care
2. Management of non –communicable disease in primary care
3. Mental Health problems in primary care
4. Management of common health problems in primary care part 1
(Infectious disease/Dermatological /Gastrointestinal/Neurological problems)
5. Management of common problems in primary care part 2
(Urgent care/Surgical problems/hematological/musculoskeletal)
6. Children and adolescent health
7. Women health
8. Essential Geriatric care

Learning strategies

- Case based discussion
- Small group discussions
- Interactive presentations
- Assignments
- Role play through simulated patients
- Hands on practice sessions for skills

Assessment Criteria

Formative assessments:

- Assignments at the end of every module

Summative assessment:

- MCQs and OSCE (at the end of course)

(Passing criteria will be 60% each for MCQs and OSCE)

Pass/ fail decisions will be made on the basis of combined scores of MCQs and OSCE exam, each component having 50% weightage.

(Minimum 80% attendance in online teaching sessions and 75% attendance in contact session is mandatory to be eligible for final assessment).

Certificate (**endorsed by WHO**) will be awarded to participants upon successful completion of course at the end of one year.

Work place based assessment

- Mini CEX

Course Fee:

The course fee is **PKR 85, 000** per participant.

20% discount (on limited seats) will be offered to LNHMC employees and Medical graduates; and final selection will be on first come –first serve basis.

Payments will be submitted via Cash office at Liaquat National hospital or can be made online through bank account.

One-time fee payment has to be made at the time of enrolment in the course; however option for fee payment in installments can also be provided on request)

Registration Process:

Fill the admission form available on the website www.lnh.edu.pk and submit along with all relevant at familymedicine@lnh.edu.pk

Selected participants will get a notification email containing the URL, user name and password for MOODLE, to access the course material online.

For further queries and information contact **021-34412888/0346-0101614**

Documents required with application form:

- Copy of MBBS degree
- Copy of valid PMDC/PMC Registration

- Copy of valid CNIC
- Photocopy of LNH employment card/ medical college ID card (for LNHMC employees and students only)

Orientation

Orientation program for the course shall be organized in first week of March for enrolled participants and class will commence soon after the orientation.

Rules and Regulations:

- **Both LNH&MC and external applicants must make the required Full Fee payment** within the fee payment deadline
- **Course fee is non-refundable**
- During the course, if any participant is unable to continue with the course (due to any reason) he /she **MUST** inform the course Director accordingly. Those participants can attend the same contact period with the next batch *only* and avail their fee within a year.

Important dates

Application submission deadline: 22nd February 2022

Fee submission deadline: 1st March 2022

Orientation: 5th March 2022

Commencement of course: 12th March 2022

Course Director:

- **Dr. Rabeeya Saeed**
FCPS, MRCGP [INT], PGD (Health care management)
Consultant & Asst Professor
Head of Department
Family Medicine and Outreach Medical Services
Associate Editor Liaquat National journal of primary care

Course Coordinators:

- **Dr. Nausheen Haroon Ahmad**
MBBS, MD (USA), MRCGP [INT]
Diplomate American Board of Internal Medicine
Consultant Family Medicine
- **Dr. Farheen Saboor**
MCPS, MRCGP

Family Physician
Department of Family Medicine

- **Dr. Shaista Saghir**
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